

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OCTOBER 2026 Harwood Place Independent Living *Room Location Key PRP = Plank Road Pub ALAR = Assisted Living Activity Room ALSR = Assisted Living Sun Room 2FHC = 2nd Floor Health Center AR = Aerobics Room AS = Art Studio C = Clinic COM = Community Room DR = Dining Room CON = Conference Room CO = Courtyard VR = Villa Room L = Library CR = Club Room CH = Chapel *An asterisk indicates that there is a sign up for an activity						
11:30 Chapel Service (AS)4	9:15 Group Exercise (AR)5 10:00 Mug Club (PRP) 10:15 Group Exercise (AR) 10:15 Library Committee (L) 1:00 Groceries* 1:30 Afternoon Group Exercise (ALSR) 4:00 TV Documentary Series: Grant (COM)	9:15 Balance (AR)6 10:00 Bible Study (CR) 1:00 In and Out Clinic (2FHC) 1:30 Art Therapy (AS) 1:30 Wauwatosa Voter Registration Table (DR) 4:00 Chorus (COM)	8:30 Caregiver Support* (CON)7 9:15 Yoga (AR) 10:15 Yoga (AR) 1:30 Wauwatosa Voter Registration Table (DR) 2:00 50 Cent Bingo (COM)	9:15 Tai Chi (AR)1 9:30 Elite Hearing* (C) 10:30 Good News Group (CR) 1:00 In and Out Clinic (2FHC) 2:00 Art Therapy Workshop (AS) 2:00 Sawdust the Pony Social (CO)	9:15 Group Exercise (AR)2 10:15 Group Exercise (AR) 12:00 Massage Therapy (Appointment Needed) 1:00 Groceries* 1:30 Afternoon Group Exercise (ALSR) 3:00 Catholic Mass (CH)	
11:30 Chapel Service (AS)11	9:15 Group Exercise (AR)12 10:00 DSC (Dining Service Committee) (VR) 10:00 Mug Club (PRP) 10:15 Group Exercise (AR) 1:00 Groceries* 1:30 Afternoon Group Exercise (ALSR) 4:00 TV Documentary Series: Grant (COM)	9:15 Balance (AR)13 10:00 Bible Study (CR) 11:00 Plarn (VR) 1:00 In and Out Clinic (2FHC) 1:30 Art Therapy (AS) 4:00 Chorus (COM)	9:15 Yoga (AR)14 10:15 Yoga (AR) 2:00 Tailgate and Connections Social (PRP)	8:30 Men's Breakfast* (VR)15 9:15 NIA (Musical Movement) (AR) 10:45 Outing: Apple Holler Brunch & Market* 1:00 In and Out Clinic (2FHC) 1:30 RA: Joan J's Book Club (CR) 2:00 Art Therapy Workshop (AS)	9:15 Group Exercise (AR)16 10:15 Group Exercise (AR) 12:00 Massage Therapy (Appointment Needed) 1:00 Groceries* 1:30 Afternoon Group Exercise (ALSR) 3:00 Catholic Mass (CH) 4:00 RA: Conversation Group* (VR)	
11:30 Chapel Service (AS)18	9:15 Group Exercise (AR)19 10:00 Mug Club (PRP) 10:15 Group Exercise (AR) 11:00 Flu Clinic (COM) 1:00 Groceries* 1:30 Afternoon Group Exercise (ALSR) 2:00 Deb Hasting's Book Club (UMC) (CR) 4:00 TV Documentary Series: Grant (COM)	9:15 Balance (AR)20 10:00 Bible Study (CR) 1:30 Art Therapy (AS) 4:00 Chorus (COM)	8:30 Caregiver Support* (CON)21 9:15 Yoga (AR) 10:30 Ecumenical Service (CH) 2:00 How Bout Dem Apples Social (PRP) 2:30 Smart Living Committee (CON) 3:30 HP Resident Caregiver Support Group (CON)	9:15 NIA (Musical Movement) (AR)22 10:00 White Elephant (COM) 1:00 In and Out Clinic (2FHC) 2:00 Art Therapy Workshop (AS)	9:15 Group Exercise (AR)23 10:15 Group Exercise (AR) 1:00 Groceries* 1:30 Afternoon Group Exercise (ALSR) 2:00 Monthly Birthday Treat Grab and Go (PRP) 3:00 Catholic Mass (CH)	1:30 Movie: Song Sung Blue (PG-13) (COM)24
11:30 Chapel Service (AS)25	9:15 Group Exercise (AR)26 10:00 Mug Club (PRP) 10:00 RAC (Resident Advisory Council) (CON) 10:15 Group Exercise (AR) 1:00 Groceries* 1:30 Afternoon Group Exercise (ALSR) 2:30 Trivia Mania (COM) 4:00 TV Documentary Series: Grant (COM)	9:15 Balance (AR)27 10:15 Lutheran Communion (CH) 1:00 In and Out Clinic (2FHC) 1:30 Art Therapy (AS) 1:30 Dementia Workshop W/ Stephanie (VR) 4:00 Chorus (COM)	All Day Med Collection (R)28 9:15 Yoga (AR) 10:15 Yoga (AR) 11:00 Outing: Brunch at the Red Apron Cafe*	All Day Med Collection (R)29 9:15 NIA (Musical Movement) (AR) 10:30 UU Circle (CR) 1:00 Health and Wellness Presentation: Vaccines, Viruses, Bacteria... OH MY (VR) 1:00 In and Out Clinic (2FHC) 2:00 Art Therapy Workshop (AS)	9:15 *MSO30 9:15 Video Group Exercise (AR) 10:15 Video Group Exercise (AR) 11:30 Harwood's Autumn Fest (CO) 3:00 Catholic Mass (CH)	1:30 Movie: 9 to 5 (PG) (COM)31