

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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May 2026

Harwood Place Independent Living

					9:15 Group Exercise* (AS) 1 10:15 Group Exercise* (AS) 12:00 Massage Therapy (Appointment Needed) 1:00 Groceries* 1:30 Afternoon Group Exercise (ALSR) 3:00 Catholic Mass (AS)	2
11:30 Chapel Service (AS) 3	9:15 Group Exercise* (AS) 4 10:00 Mug Club (PRP) 10:15 Group Exercise* (AS) 10:15 LC Meeting (L) 1:00 Groceries* 1:30 Afternoon Group Exercise (ALSR) 4:00 TV Documentary Series: Inspiration 4 Mission to Space (AS)	9:15 Balance* (AS) 5 10:00 Bible Study (AS) 1:00 In and Out Clinic (2FHC) 1:30 Art Therapy (AS) 2:00 Cinco De Mayo Social (PRP) 2:00 Knit and Crochet Group (CR) 3:30 Chorus Rehearsal (AS)	8:30 Caregiver Support* (CR) 6 9:15 Yoga* (AS) 10:00 Flower Sale (C) 4:30 Harwood Play: Every Brilliant Thing* (AS)	9:15 NIA (Musical Movement)* (AS) 7 9:30 Elite Hearing* (CR) 10:30 Good News Group (AS) 1:00 In and Out Clinic (2FHC) 1:30 Outing: The Jewish Museum Milwaukee* 2:00 Art Therapy Workshop* (AS)	9:15 Outing: MSO* 8 11:00 Harwood Place Writing Group (AS) 1:00 Groceries* 1:30 Book Club (CR) 3:00 Catholic Mass (AS)	9
11:30 Chapel Service (AS) 10	9:15 Group Exercise* (AS) 11 10:00 DSC (Dining Service Committee) (VR) 10:00 Mug Club (PRP) 10:15 Group Exercise* (AS) 1:00 Groceries* 1:30 Afternoon Group Exercise (ALSR) 4:00 TV Documentary Series: Inspiration 4 Mission to Space (AS)	11:00 Plarn (CR) 12 1:00 In and Out Clinic (2FHC) 1:30 Art Therapy (AS) 2:30 Chorus Rehearsal (AS) 3:30 Harwood Place Chorus Concert (DR)	9:15 Yoga* (AS) 13 10:15 Yoga* (AS) 3:30 Outing: Brewers Game and Tailgate*	9:00 Tech Connect* 14 9:15 NIA (Musical Movement)* (AS) 10:30 Reader's Theater (CR) 1:00 In and Out Clinic (2FHC) 2:00 Art Therapy Workshop* (AS) 2:00 Spring Into Wisdom Social (PRP) 6:00 Harwood Place Chorus Concert (DR)	9:15 Group Exercise* (AS) 15 10:15 Group Exercise* (AS) 12:00 Massage Therapy (Appointment Needed) 1:00 Groceries* 1:30 Afternoon Group Exercise (ALSR) 3:00 Catholic Mass (AS) 4:15 RA: Conversation Group	16
11:30 Chapel Service (AS) 17	9:15 Group Exercise* (AS) 18 10:00 Mug Club (PRP) 10:15 Group Exercise* (AS) 1:00 Groceries* 1:30 Afternoon Group Exercise (ALSR) 2:00 Deb Hasting's Book Club (UMC) (CR) 2:45 Trivia Mania* (AS) 4:00 TV Documentary Series: Inspiration 4 Mission to Space (AS)	9:15 Balance* (AS) 19 10:00 Bible Study (AS) 1:00 In and Out Clinic (2FHC) 1:30 Art Therapy (AS) 3:30 Chorus Potluck (AS)	8:30 Caregiver Support* (CR) 20 9:15 Yoga* (AS) 10:30 Ecumenical Service (AS) 2:00 50 Cent Bingo* (AS) 2:30 Smart Living Committee (CR) 3:30 Harwood Place Resident Caregiver Support Group (CR) 4:30 Musical Entertainment: Music With Mike* (DR)	8:30 Men's Breakfast* (VR) 21 9:15 Tai Chi* 1:00 In and Out Clinic (2FHC) 2:00 Art Therapy Workshop* (AS)	9:15 Group Exercise* (AS) 22 10:15 Group Exercise* (AS) 11:00 2026 Harwood Volunteer Luncheon* (DR) 1:00 Groceries* 1:30 Afternoon Group Exercise (ALSR) 3:00 Catholic Mass (AS)	23
11:30 Chapel Service (AS) 24	Happy Memorial Day 25	9:15 Balance* (AS) 26 10:00 RAC (Resident Advisory Council) (CR) 10:15 Lutheran Communion (AS) 1:00 In and Out Clinic (2FHC) 1:30 Art Therapy (AS)	9:15 Yoga* (AS) 27 10:15 Yoga* (AS) 1:00 Harwood Academy* (AS)	9:15 NIA (Musical Movement)* (AS) 28 10:30 UU Circle (CR) 1:00 In and Out Clinic (2FHC) 2:00 Art Therapy Workshop* (AS) 2:00 Bridgerton High Tea* (PRP)	9:15 Group Exercise* (AS) 29 10:15 Group Exercise* (AS) 1:00 Groceries* 1:30 Afternoon Group Exercise (ALSR) 2:00 Birthday Treat (PRP) 3:00 Catholic Mass (AS)	30
11:30 Chapel Service (AS) 31				*Room Location Key PRP = Plank Road Pub ALAR = Assisted Living Activity Room ALSR = Assisted Living Sun Room CR = Conference Room C = Courtyard BR = Bonsai Room 1FC = 1st Floor Clinic AS = Art Studio DR = Dining Room VR = Villa Room		

*An asterisk indicates that there is a sign up for an activity

