

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# April 2026

## Harwood Place Independent Living

10:00 Catholic Mass (AS)  
11:30 Chapel Service (AS)

5  
9:15 Group Exercise\* (AS)  
**10:00 Mug Club (PRP)**  
10:15 Group Exercise\* (AS)  
10:15 Library Committee Meeting (L)  
1:00 Groceries\*  
1:30 Afternoon Group Exercise (ALSR)  
**4:00 TV Documentary Series: Bobby Kennedy for President\* (AS)**

6  
9:15 Balance\* (AS)  
10:00 Bible Study (AS)  
1:00 In and Out Clinic (2FHC)  
1:30 Art Therapy (AS)  
2:00 Knit and Crochet Group (CR)  
**2:00 National Beer Day Social (PRP)**  
**3:30 Chorus Rehearsal (AS)**

7  
**9:15 Outing: National Mustard Museum\***

8  
9:00 Tech Connect\*  
9:15 Tai Chi\* (AS)  
**10:30 MSO Renewal for 2026/2027 Season (AS)**  
**10:30 Reader's Theater (CR)**  
1:00 In and Out Clinic (2FHC)  
2:00 Art Therapy Workshop\* (AS)  
**6:15 Musical Entertainment: WCM\* (AS)**

9  
**9:30 MSO Outing\***  
**11:00 Harwood Place Writing Group (AS)**  
1:00 Groceries\*  
3:00 Catholic Mass (AS)

10  
11

11:30 Chapel Service (AS)

12  
9:15 Group Exercise\* (AS)  
10:00 DSC (Dining Service Committee) (VR)  
**10:00 Mug Club (PRP)**  
10:15 Group Exercise\* (AS)  
1:00 Groceries\*  
1:30 Afternoon Group Exercise (ALSR)  
**2:00 National Peach Cobbler Day Grab And Go (PRP)**  
**4:00 TV Documentary Series: Bobby Kennedy for President\* (AS)**

13  
9:15 Balance\* (AS)  
10:00 Bible Study (AS)  
11:00 Plarn (AS)  
1:00 In and Out Clinic (2FHC)  
1:30 Art Therapy (AS)  
**3:30 Chorus Rehearsal (AS)**

14  
*AD Med Collection (KO)*  
8:30 Caregiver Support\* (CR)  
9:15 Yoga\* (AS)  
10:30 Ecumenical Service (AS)  
**12:30 Outing: Skylight Theater Matinee, A Rockin' Midsummer Night's Dream\***  
2:30 Smart Living Committee (CR)  
3:30 Harwood Place Resident Caregiver Support Group (CR)

15  
*AD Med Collection (KO)*  
8:30 Men's Breakfast\* (VR)  
9:15 Tai Chi\* (AS)  
**10:30 Garden Meeting\* (CR)**  
1:00 In and Out Clinic (2FHC)  
2:00 Art Therapy Workshop\* (AS)  
**3:30 Presentation: The Golden Age of Piracy\* (AS)**

16  
9:15 Group Exercise\* (AS)  
10:15 Group Exercise\* (AS)  
12:00 Massage Therapy (Appointment Needed)  
1:00 Groceries\*  
1:30 Afternoon Group Exercise (ALSR)  
3:00 Catholic Mass (AS)

17  
18

11:30 Chapel Service (AS)

19  
9:15 Group Exercise\* (AS)  
**10:00 Mug Club (PRP)**  
10:15 Group Exercise\* (AS)  
1:00 Groceries\*  
1:30 Afternoon Group Exercise (ALSR)  
2:00 Deb Hasting's Book Club (United Methodist Church Program) (AS)  
**4:00 TV Documentary Series: Bobby Kennedy for President\* (AS)**

20  
9:15 Balance\* (AS)  
10:00 Bible Study (AS)  
1:00 In and Out Clinic (2FHC)  
1:30 Art Therapy (AS)  
**3:30 Chorus Rehearsal (AS)**

21  
9:15 Yoga\* (AS)  
10:15 Yoga\* (AS)  
**2:00 WWF Earth Day Presentation\* (AS)**

22  
9:15 Tai Chi\* (AS)  
10:30 UU Circle (CR)  
**1:00 Harwood Academy\* (AS)**  
1:00 In and Out Clinic (2FHC)  
**2:00 National Cherry Cheesecake Day Grab and Go (PRP)**  
3:00 Art Therapy Workshop\* (AS)

23  
9:15 Group Exercise\* (AS)  
10:15 Group Exercise\* (AS)  
1:00 Groceries\*  
1:30 Afternoon Group Exercise (ALSR)  
**2:00 Birthday Treat (PRP)**  
3:00 Catholic Mass (AS)

24  
**11:00 Musical Entertainment: WCM's Suzuki Children Violinists\* (DR)**  
25

11:30 Chapel Service (AS)

26  
9:15 Group Exercise\* (AS)  
**10:00 Mug Club (PRP)**  
10:00 RAC (Resident Advisory Council) (CR)  
10:15 Group Exercise\* (AS)  
1:00 Groceries\*  
1:30 Afternoon Group Exercise (ALSR)  
**2:00 Trivia Mania\* (AS)**  
**4:00 TV Documentary Series: Bobby Kennedy for President\* (AS)**

27  
9:15 Balance\* (AS)  
10:00 Lutheran Communion (AS)  
1:00 In and Out Clinic (2FHC)  
1:30 Art Therapy (ALAR)  
**3:30 Chorus Rehearsal (AS)**

28  
9:15 Yoga\* (AS)  
10:15 Yoga\* (AS)  
**2:00 Musical Entertainment: Mark P Guitar\* (AS)**

29  
9:15 Tai Chi\* (AS)  
1:00 In and Out Clinic (2FHC)  
2:00 Art Therapy Workshop\* (AS)

30  
**\*Room Location Key**  
PRP = Plank Road Pub  
ALAR = Assisted Living Activity Room  
ALSR = Assisted Living Sun Room  
1FHC = 2nd Floor Health Center  
AS = Art Studio  
DR = Dining Room  
CR = Conference Room  
VR = Villa Room  
L=Library  
KO=Kaelyn's Office  
  
\*An asterisk indicates that there is a sign up for an activity