| SUN  | MON  | TUE   | WED  | THUR  | FRI  | SAT   |
|--|--|---|--|---|--|---|
| 10:00 Vine Video: Gospel Chair Aerobics (955) 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955) | 9:15 Group Exercise with Joe (CR) 10:00 RA: LC Meeting (NCOR) 10:00 Mug Club (PRP) 1:00 *Groceries 4:00 TV Series: Wild Babies (CR)  | 9:15 Balance Class<br>with Joe (CR)<br>10:00 Bible Study (CH)<br>1:00 In & Out Clinic<br>(HC)<br>1:15 Afternoon Group Exercise<br>(CR)<br>1:30 Art Therapy (LH)<br>2:00 RA: Knit & Crochet (Plank<br>Road Pub and Lounge) | 8:30 *Caregiver<br>Support (COR)<br>9:15 Yoga with Joe<br>(CR)<br>2:00 Presenter: Tom Barrett<br>(CR)  | 9:15 Tai Chi with Joe (CR) 9:30 *Elite Hearing (WC) 10:30 Good News Group (COR) 1:00 In & Out Clinic (HC) 2:00 World Wildlife Fund Presentation (CR) 3:30 *Art Therapy Workshop (CR) 6:00 WCM Musical Performance (CR)                      | 9:15 Video Exercise (Community Room/955) 9:30 *Outing: MSO Concert 12:00 Massage Therapy (1st Floor Wellness Clinic) 1:00 *Groceries 3:00 Catholic Mass (CH)     | 9:00 Vine Video: Chair Exercise (955) 10:15 Vine Video: Chair Exercise (955) 1:30 Afternoon Movie: American Graffiti (PG) (CR)                          |
| 10:00 Vine Video: Gospel Chair Aerobics (955) 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955) | 9:15 Group Exercise with Joe (CR) 10:00 RA: DSC Meeting (NCOR) 10:00 Mug Club (PRP) 1:00 *Groceries 4:00 TV Series: Wild Babies (CR)   | 9:15 Balance Class with Joe (CR) 10:00 Bible Study (CH) 1:00 In & Out Clinic (HC) 1:15 Afternoon Group Exercise (CR) 1:30 *Art Therapy (LH)   | 9:15 Yoga with Joe<br>(CR)<br>2:00 RA: Trivia (CR)   | 9:00 *Tech Connect<br>Clinic (COR) 9:15 Musical<br>Movement<br>Exercise (CR) 10:30 RA: Reader's Theater (CH) 1:00 In & Out Clinic (HC) 2:00 Musical Entertainment:<br>Heinzel Kunsmann (CR) 3:30 *Art Therapy Workshop<br>(CR)              | 9:15 Group Exercise with Joe (CR)  10:30 Father's Day Farmer's Market (CY)  11:00 RA: Harwood Place Writing Group (CH)  1:00 *Groceries  3:00 Catholic Mass (CH) | 9:00 Vine Video: Chair<br>Exercise (955)<br>10:15 Vine Video: Chair<br>Exercise (955)<br>1:30 Afternoon Movie: The Hill<br>(PG) (CR)                    |
| 10:00 Vine Video: Gospel Chair Aerobics (955) 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955) | 9:15 Group Exercise with Joe (CR) 10:00 Mug Club (PRP) 10:30 RA: Stammtisch (COR) 1:00 *Groceries 2:00 Musical Entertainment: Ada Trio (CR) 4:00 TV Series: Wild Babies (CR) | 9:15 Balance Class with Joe (CR) 10:00 Bible Study (CH) 1:00 In & Out Clinic (HC) 1:15 Afternoon Group Exercise (CR) 1:30 *Art Therapy (LH)   | 8:30 *Caregiver<br>Support (COR)<br>9:15 Yoga with Joe<br>(CR)<br>10:30 Ecumenical Service (CH)<br>1:00 RA: Joan J's Book Report<br>(RR)<br>1:30 Book Club (CH)<br>3:30 HP Resident Caregiver<br>Support Group (COR) | Juneteenth 9:15 Musical Movement Exercise (CR) 1:00 In & Out Clinic (HC) 2:00 50 Cent Bingo (CR) 3:30 *Art Therapy Workshop (CR) 6:00 Musical Entertainment: WCM (CR) 7:30 *Outing: Sunset Playhouse  | 9:15 Group Exercise with Joe (CR) 12:00 Massage Therapy (1st Floor Wellness Clinic) 1:00 *Groceries 2:00 Kickoff the Summer Social (PRP) 3:00 Catholic Mass (CH) | 9:00 Vine Video: Chair Exercise (955) 10:15 Vine Video: Chair Exercise (955) 1:30 Afternoon Movie: The World's Fastest Indian [motorcycle] (PG-13) (CR) |
| 10:00 Vine Video: Gospel Chair Aerobics (955) 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955) | 9:15 Group Exercise with Joe (CR)  10:00 Mug Club (PRP)  10:00 RA: RAC Meeting (NCOR)  1:00 *Groceries  4:00 TV Series: Wild Babies (CR)                                     | 9:15 Balance Class with Joe (CR) 10:00 Lutheran Communion (CH) 1:00 In & Out Clinic (HC) 1:15 Afternoon Group Exercise (CR) 1:30 *Art Therapy (LH)  | 9:15 Yoga with Joe (CR) 2:00 Battle of Gettysburg by Maura (CR)  | 9:15 Musical Movement Exercise (CR) 10:30 RA: UU Circle (COR) 1:00 In & Out Clinic (HC) 2:00 Battle of Gettysburg by Maura pt 2 (CR) 2:30 RA: Smart Living Group (COR) 3:30 *Art Therapy Workshop (CR) 5:00 *Outing to Fleming's Restaurant | 9:15 Group Exercise with Joe (CR) 1:00 *Groceries 2:00 Birthday Treat (PRP) 3:00 Catholic Mass (CH)  | 9:00 Vine Video: Chair Exercise (955) 10:15 Vine Video: Chair Exercise (955) 1:30 Afternoon Movie: The Two Popes (PG-13) (CR)                           |
| 10:00 Vine Video: Gospel Chair Aerobics (955) 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955) | with Joe (CR) 10:00 Mug Club (PRP) 1:00 *Groceries 4:00 TV Series: Wild Babies (CR)  | LOCATION KEY  955 - CH955 The Vine CH - Chapel CR - Community Room COR - Conference Room CY - Courtyard HC - Health Center LH - Lutheran Home NCOR - New Conference Room  | PRP - Plank Road Pub<br>RR - Recreation Room<br>WC - Wellness Center   |   |  |   |
| June 202   | 25   |   | T HARWO  |   |  |   |

**Activity Calendar** 



