

# March 2023

*Elaine's Hope*  
LUTHERAN HOME MEMORY CARE

<p>9:15- Morning Stretching 10:00- Lutheran Church Service (Ch.2) 1:30- What's My Line Game Show! 3:00- Manicures &amp; Massages</p> <p>Happy Birthday, Betty! </p>	<p>9:15- Chair Yoga 10:30- Watercolor Workshop (SS) 1:30- Bocce Ball (CR) 3:00- Wheel of Fortune</p>	<p>9:15- Morning Exercise <b>10:30- Coffee Clutch: Red Hat Society Themed (CR)</b> <b>12:00- Pasadena Luncheon!</b> 1:30- Bingo (CR) 3:30- Puzzles &amp; Coloring</p>	<p>9:15- Chair Yoga <b>10:30- All House Intergen: Mr. Pickles Performance (HH)</b> 1:30- Art Therapy (CR) 3:00- Trivia or Table Games</p>	<p>9:15- Morning Exercise 10:30- Toddler Visits! 10:30- Arts &amp; Crafts (CR) <b>2:00- Frogwater Irish Music! (HH)</b> 3:00- Jeopardy</p>	<p>9:15- Drum Fit Exercise <b>10:30- The Lorax Movie Screening! (HH)</b> <b>1:30- Happy Hour! Meet-&amp;Greet Sydney! (CR)</b> 3:00- Guess that Tune</p>	<p>9:15- Morning Exercise 10:30- The Price is Right 1:30- Movie &amp; Popcorn 3:00- Board Games, Cards &amp; Puzzles</p> <p>Happy Birthday, Sue! </p>
<p>9:15- Morning Stretching 10:00- Lutheran Church Service (Ch.2) 1:30- What's My Line Game Show! 3:00- Manicures &amp; Massages</p> <p>Happy Birthday, Betty! </p>	<p>9:15- Chair Yoga 10:30- Watercolor Workshop (SS) 1:30- Bocce Ball (CR) 3:00- Wheel of Fortune</p>	<p>9:15- Morning Exercise <b>10:30- Coffee Clutch: Red Hat Society Themed (CR)</b> <b>12:00- Pasadena Luncheon!</b> 1:30- Bingo (CR) 3:30- Puzzles &amp; Coloring</p>	<p>9:15- Chair Yoga <b>10:30- All House Intergen: Mr. Pickles Performance (HH)</b> 1:30- Art Therapy (CR) 3:00- Trivia or Table Games</p>	<p>9:15- Morning Exercise 10:30- Toddler Visits! 10:30- Catholic Mass (Chapel) 1:30- Bowling (CR) 3:00- Jeopardy</p>	<p>9:15- Drum Fit Exercise <b>10:30- Balloon Volleyball (HH)</b> 1:30- Happy Hour (CR) 3:00- Guess that Tune</p>	<p>9:15- Stretching 10:30- The Match Game Show! 1:30- Movie &amp; Popcorn 3:00- Board Games, Cards &amp; Puzzles</p>
<p>9:15- Morning Stretching 10:00- Lutheran Church Service (Ch.2) 1:30- Guess that Tune or Sing-Alongs 3:00- Manicures &amp; Massages</p> <p>Daylight Saving Time Begins Happy Birthday, Shirlee! </p>	<p>9:15- Chair Yoga 10:30- Knitting Circle! (SS) 1:30- Bocce Ball! (CR) 3:00- Wheel of Fortune</p>	<p>9:15- Morning Exercise <b>10:30- MCAL Intergen: Shamrock Scavenger Hunt! (CR)</b> 1:30- Bingo (CR) 3:30- Puzzles &amp; Coloring</p>	<p>9:15- Chair Yoga <b>10:30- Card Club (CR)</b> <b>2:00- Discovery World Outing!</b> 3:00- Trivia or Table Games</p>	<p>9:15- Morning Exercise 10:30- Toddler Visits! 10:30- Lutheran Church Service (CR) <b>2:00- Saira Frank Performance Sponsored by the Toni Copoulos Fund (HH)</b> 3:00- Jeopardy</p>	<p>9:15- Drum Fit Exercise <b>10:30- Balloon Volleyball (HH)</b> <b>1:30- St. Patrick's Day Happy Hour! (CR)</b> 3:00- Guess that Tune or Sing-Alongs</p> <p>St. Patrick's Day </p>	<p>9:15- Morning Exercise 10:30- The Price is Right 1:30- Movie &amp; Popcorn 3:00- Board Games, Cards &amp; Puzzles</p>
<p>9:15- Morning Stretching 10:00- Lutheran Church Service (Ch.2) 1:30- What's My Line Game Show! 3:00- Manicures &amp; Massages</p>	<p>9:15- Chair Yoga 10:30- Watercolor Workshop! (SS) 1:30- Bocce Ball (CR) 3:00- Wheel of Fortune</p> <p>Spring Begins</p>	<p>9:15- Morning Exercise 10:30- Coffee Clutch! (CR) 1:30 - Bingo (CR) 3:30- Puzzles &amp; Coloring</p>	<p>9:15- Chair Yoga <b>10:30- Sewing Room Visits!</b> 1:30- Art Therapy (CR) 3:00- Trivia or Table Games</p> <p>Happy Birthday, Punkie! </p>	<p>9:15- Morning Exercise 10:30- Toddler Visits! 10:30- Catholic Mass (Chapel) <b>2:00- Rockin' Randy St. Patrick's Day Performance! (HH)</b> 3:00- Jeopardy</p>	<p>9:15- Drum Fit Exercise! <b>10:30- All House Intergen: Play Prop Making (SS)</b> 1:30- Happy Hour &amp; Resident Council (CR) 3:00- Guess that Tune</p>	<p>9:15- Morning Exercise 10:30- The Match Game Show 1:30- Movie &amp; Popcorn 3:00- Board Games, Cards &amp; Puzzles</p> <p>Happy Birthday, Mary B! </p>
<p>9:15- Morning Stretching 10:00- Lutheran Church Service (Ch.2) 1:30- Guess that Tune or Sing-Alongs 3:00- Manicures &amp; Massages</p>	<p>9:15- Chair Yoga 10:30- Knitting Circle! (SS) 1:30- Bocce Ball (CR) 3:00- Wheel of Fortune</p>	<p>9:15- Morning Exercise <b>10:30- MCAL Sensory Session: Lucky Charm Search &amp; Sort! (CR)</b> 1:30-Bingo (CR) 3:30- Puzzles &amp; Coloring</p>	<p>9:15- Chair Yoga <b>10:30- Card Club! (CR)</b> 1:30- Art Therapy (CR) 3:00- Trivia or Table Games</p>	<p>9:15- Morning Exercise 10:30- Toddler Visits! 10:30 - Lutheran Church Service (CR) 1:30- Bowling! (CR) 3:00- Jeopardy</p>	<p>9:15- Drum Fit Exercise! <b>10:30- Balloon Volleyball (HH)</b> 1:30- Happy Hour! (CR) 3:00- Guess that Tune</p> <p>Happy Birthday, Louis! </p>	