



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

1	2	3	4	5	6	7
<u>Locations for Events</u> ADC: Adult Day Center HH: Hardt Hall MCAL: Elaine's Hope Community Room C: Chapel AS: Art Studio 4 th Floor New Year's Day	Center Closed	<u>Blast from the Past</u> Worship Service 1: 30-2 (C) What am I? Part 1 Men's Club 60's Sports 60's Fads & Notable People Dart Ball	New Year's Resolution Jokes Bocce Ball Uno Snowflake Sun Catcher	Intergen 10:30-11:15 (ADC) Entertainment 2-3 (HH) Winter A-Z What is that Sound?	Spiro 100 Exercise Class January Can you picture this? Happy Hour Cheese Tasting Monthly Gazette	
8	9	10	11	12	13	14
	<u>Soup's on Day</u> Cooking Class: Soup Designing Soup Cans Skee Ball Soup Reminisce	Bear Hunt :Toddlers (10:30) Short Stories What Am I? Part 2 Team Washer Toss	Intergen 10:30-11:30 (HH) Walking Club Spa Day Yahtzee or Farkle	Intergen 10:30-11:15 (ADC) Arm Chair Travel All About Alcatraz San Francisco House Design	Junk Drawer Detective 60's Price Is Right 60's Bingo Walking Club	
15	16	17	18	19	20	21
	<u>Martin Luther King Jr. Day</u> Dove's of Peace Craft Martin Luther King Discussion Golf MLK Memorial Martin Luther King Jr. Day	Worship Service 1: 30-2 (C) Who am I? Part 1 Jeopardy Karaoke	Puzzles: Childcare (ADC) 10:30 Card Club New Year Art Balloon Volleyball	Intergen 10:30-11:15 (ADC) Florescent Trivia Reminiscing with Senses Groovy 60's	<u>National Penguin Day</u> Movie: Happy Feet with Childcare (HH) 10:30 Watercolor Penguins Penguin Trivia	
22	23	24	25	26	27	28
Chinese New Year (Year of the Rabbit)	Celebrate Chinese New Year Chinese New Year Art Tray of Togetherness Who am I? Part 2 Bocce Ball Activity Professionals Week	Outing to Domes 9-12 Design a Plant Hilarious Headlines Team Family Feud	Walking Club What's New in the New Year Animals of the World Do you hear what I hear?	Intergen 10:30-11:15 (ADC) Entertainment 2-3 (HH) Hand Massages Dart Ball Australia Day (observed)	Intergen 10:30-11:30 (HH) Bingo Bonanza Walking Club Putting the Past in Order	
29	30	31	<h1>January 2023</h1> <p>The Lutheran Home Adult Day Center</p>			
	Spa Day Reminisce with Music Tea Trivia and Tea Tasting Tee Time Golf	Playhouse Designing with Toddlers 10:30 (ADC) Washer Toss (afternoon) Activity Stations Winter Produce Class				

*** Daily Activities: Breakfast, Meet and Greet, Daily Chronicles, Lunch, Snack. Access Daily to Chapel/Café/Courtyard (weather pending) ***