## Please join us for our next Speaker Series. Thursday, September 15

No one is feeling the effects of our aging population more than the "sandwich generation" – those adults who are responsible for taking care of children still living at home and also frequently supporting their aging parents. This support takes different forms for different families; it can be emotional, physical, or financial. Many times, it's all three.

This population of caregivers, typically aged 47+, are feeling the overwhelming worry, stress, guilt, and sadness of dealing with an aging parent.

This new caregiver role is impacting your workforce. What can you do as HR professionals, C-suite executives, and managers to assist your staff?



Stephanie Leanes, Director – Caregiver Support at the Lutheran Home and Harwood Place, will discuss the growing role of the caregiver, supportive coping strategies and effective communication techniques to help employers understand the caregiver experience. Please join us for this important topic and a complimentary evening of light snacks and beverages.





Supporting OVATION COMMUNITIES Jewish Home Chai Point MILWAUKEE

Story Hill FireHouse 407 N. Hawley Road, Milwaukee 4:00 p.m. - Check-in 4:30 p.m. - Program / Q&A 5:30 p.m. - Light refreshments (Kosher upon request)

Registration preferred. Email laura.rodriguez@thelutheranhome.org

## Our speaker:

Stephanie Leanes works with the Adult Day and Mind Effects program at the Lutheran Home. She has a wealth of experience working with individuals with Dementia and Alzheimer's Disease.

In 2018, Stephanie recevied the Alzheimer's Association 32nd Annual WI State Conference Professional Award for her work with dementia patients.

A graduate of Northern Michigan University with a Bachelor of Social Work, Stephanie is a Certified Social Worker (CSW).

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We look forward to seeing you in 2023 for our next Speaker Series.

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The Lutheran Home Foundation is a nonprofit organization that raises, stewards and distributes funds to sustain and advance the Christian mission of the Lutheran Home and Harwood Place.

> Bridgette Frommell Executive Director 414-256-6836

The Jewish Home and Care Center Foundation supports the mission of Ovation Communities, which is to provide our Jewish community with those services that enable our older adults to be part of a quality Jewish environment with comfort, meaning independence and dignity.

> Tanya Mazor-Posner VP of Development 414-721-9260