

L&H

HARWOOD PLACE

HEALTH AND WELLNESS SERVICES



HP Health and Wellness Caters to You!

Our Philosophy

At Harwood Place, we are committed to supporting you to live your best life possible with peace of mind. Our health and wellness services were born from the concept that the right services provided at the right time can keep you healthy and active. Our goal is for you to live independently, safely and comfortably in your community.

HP Health and Wellness Services

Our basic services include:

- » 24-hour access to on-site nursing staff
- » Emergency response pendant
- » Daily wellness checks
- » Coordination of care with your physicians and specialists
- » Health monitoring
- » Biannual wellness assessments by a registered nurse

Nursing Services Include:

- » Assistance with activities of daily living:
 - Dressing/grooming
 - Bathing/showering
 - Oral hygiene
 - Braces/splints/compression stockings
- » Assistance with ambulation, mobility, transfers
- » Toileting/bathroom assistance
- » Incontinence support
- » Medication management
- » Medication administration including injections
- » Catheter and colostomy care
- » Assistance with glasses and hearing aids
- » "Bounce Back" care
 - Post rehab or surgery
 - Life events, short term
 - New residents

Care Teams

Services are catered to your needs and recommended through an assessment with our nurses. Our nurses, nursing assistants and therapists work together with your primary care provider and specialists to offer a high level of clinical expertise.





Hospitality Services Include:

- » Specialty housekeeping such as:
 - Refrigerator clean-out
 - Dishwashing
 - Organizing
- » Additional housekeeping
- » Laundry or linen change
- » Homemaker services
- » Social & Wellness Coordinator available to provide:
 - Emotional support
 - Assistance acclimating to Harwood Place
 - Organizational support for managing tasks

A La Carte and Concierge Services

A La Carte Services Include:

- » Consultations with a registered nurse
- » Assistance with bathing/showering
- » Earwax removal
- » Ear or eye drop administration
- » Injections
- » Wound care/treatments
- » Medical setup of pill organizer
- » Pacemaker interrogation
- » Personal training with our Wellness Coordinator

Concierge Services Include:

- » "Personal assistant" to help with tasks such as:
 - Organizational or clerical tasks
 - Assistance with computer, tablet or cell phone
 - Facilitation of video calls
- » Maintenance services such as:
 - Hanging pictures
 - Moving furniture
 - Hanging additional shelving
 - Moving items into/out of storage
- » Housekeeping concierge services include:
 - Additional cleanings
 - Daily bed making or regular linen change
 - Laundry
 - Dishwashing
 - Weekly garbage removal



**CONTACT OUR
RN WELLNESS
MANAGER AT
(414) 727-3712
TO LEARN MORE.**



HARWOOD PLACE

REPUTATION FOR EXCELLENCE

Stay in your apartment home longer with additional support from Harwood Place Health and Wellness Services. Our friendly and compassionate staff have been providing comfortable and convenient independent living care for more than 30 years. Let us help you live your best life possible.

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harwoodplace.org