

Life at Lutheran Home & Harwood Place

Together We Accomplish Great Things

The Lutheran Home and Harwood Place have strong relationships within the greater Wauwatosa area. Our business and school partnerships, volunteer support, and local involvement allow us to provide a robust activity program for our residents, deliver high quality care, and give back to the community.

Did you know: The Lutheran Home and Harwood Place share space with over 50 outside groups?

Outside community groups such as neighborhood associations, Alzheimer's support groups, dancers, and churches use our space to meet or practice during off-peak times at no cost to them. In return, these groups support our mission of serving older adults and enriching their lives by performing for our residents, sharing important news with our community, and supporting and educating family members.

Did you know: Over 350 dedicated volunteers provide service to our residents each year?

Volunteers perform a variety of duties, all impacting direct resident care. From transporting residents back to their rooms after an on-site physical therapy appointment, to visiting one-on-one, to bringing in pets for pet therapy, volunteers touch the lives of many! Although 350 volunteers may sound like a lot, we still have a need for volunteers in critical roles such as transporting residents to our in-house chapel on Sundays.

Did you know: The Lutheran Home & Harwood Place offer services that allow individuals to stay in their homes longer?

Our mission extends beyond our walls! We welcome the opportunity to serve older adults by filling gaps for family caregivers such as short-term rehabilitation services, adult day services, early memory loss programs, and short-term respite stays.

In addition we support other senior living organizations that may not offer the full range of services. Wauwatosa's



Hawthorne Terrace Administrator, Debbie explains, "The Lutheran Home keeps me involved when a Hawthorne resident is staying with them. There is great coordination of services and when it's time to come home, it's a successful transition." The collaboration goes both ways. When our discharge planning team is working with clients to identify next steps, we can confidently refer families to other organizations that provide great services for older adults.

Did you know: We partner with universities and local schools to be a learning site for students?

We invite RN, LPN, and CNA students from universities such as Mount Mary, Alverno, MATC and UW-Milwaukee to obtain required training and gain a "hands-on" experience with staff and residents. Students interested in nursing, social work, or nutritional services are able to participate in an internship at the Lutheran Home and Harwood Place. Local elementary and middle schools bring students to the Lutheran Home and Harwood Place to participate in intergenerational activities, performances, and service projects.

We value the support of the greater Wauwatosa area and believe that collectively we can enrich the lives older adults and their families.

Alzheimer's Support Groups Offered

The Lutheran Home offers two different Alzheimer's support groups every month for family and friends who are caring for or helping someone with Alzheimer's disease. Both of the groups are open to anyone. Below is the schedule:

- The second Tuesday of every month from 10:00am to 11:30am facilitated by Lynda Markut, the Education and Family Support Coordinator for the Alzheimer's Association of Southeastern Wisconsin

Note: The meeting for October will be on Tuesday, the 25th, from 10am to 11:30am and will return to the regular schedule in November.

- The third Tuesday of every month from 6:30pm to 7:30pm facilitated by Pat Pries, Lutheran Home Director of Social Services

About the Meeting Facilitators

Lynda took care of her mom and dad



Lutheran Home and Harwood Place had a team of 50 people that supported the Walk to End Alzheimer's on October 1st.

who had vascular dementia and her mother-in-law who had Alzheimer's. Lynda explains, "Caregivers do so much that they are unaware of. In these groups individuals share their stories and have their care giving journey validated. The individuals understand what they are going through and give practical advice to each other. As facilitator, I am their resource if a challenge arises. Support services such as adult day services,

short-term and overnight respite care allow them to remain in their caregiver roles for a longer period of time."

Pat Pries has been with the Lutheran Home for 27 years working with residents who suffer from Alzheimer's disease. "I've never truly appreciated the toll this disease takes on the family caregiver until facilitating the support group. There is much to learn and re-learn in caring for someone with dementia. Those who have been through similar challenges are often the best mentors and sources of support."

For More Information

For more information on the Lutheran Home Alzheimer's support groups please call Stephanie Leanes at 414-258-6171 ext. 750. To find out where other support groups are offered in your area call the Alzheimer's Association Helpline: 1-800-272-3900.



The Lutheran Home and Harwood Place team raised \$1,700 for the walk

What Caregivers Need:

- *Permission to get help*
- *Emotional support*
- *Someone to listen*
- *Ways to solve problems*
- *Support system*
- *Opportunity to care for themselves*

The Lutheran Home Foundation Thanks You!

The 12th Annual Monarch Ball was held Saturday, September 10th at the Pfister Hotel. Chairing our event were David and Patricia Raysich. The evening's program included a tribute to this year's Altemheim Award winners, Ron and Bea Maassen. The Maassens have served Lutheran Home and Harwood Place for over 20 years. They have been dedicated to our mission of supporting and enriching the lives of our residents.



Ron and Bea Maassen receive this year's Altemheim Award

It is because of you - our donors, sponsors, attendees and volunteers - that we can report that the 2011

Monarch Ball set a new record for revenue raised! With your help, we reached nearly \$110,000 in net

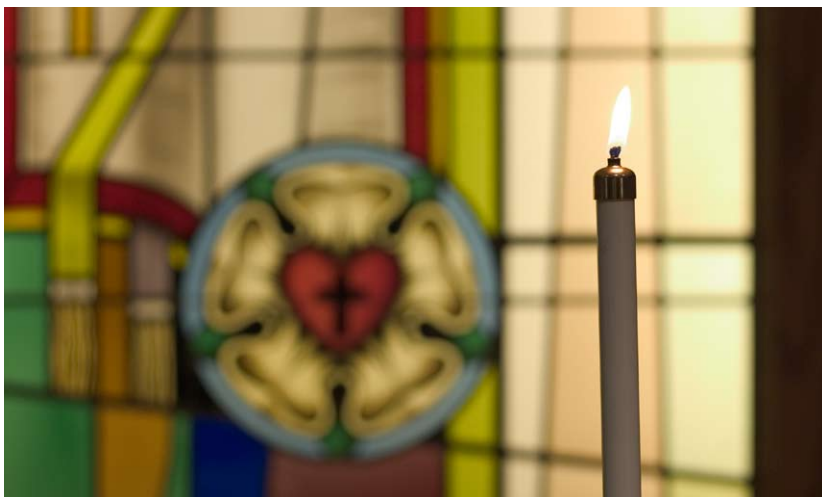
proceeds! Your generosity is what allows us to continue to provide high-quality compassionate care to our senior residents - half of whom have outlived their financial resources. Due to declining rates of government reimbursements for care of these residents, your support is now more critical than ever.

Thank you to all who share the belief that the most frail of our community's elderly should be able to live out their lives without worrying about having someone to care for them.

Hosting Funerals or Memorial Services at the Lutheran Home or Harwood Place

The chapels at the Lutheran Home and Harwood Place are available for families who would like to reserve a welcoming space for funerals and memorial services. These rooms are available at no charge to you. All faiths are welcome. Catering services are also available.

For reservation guidelines and more information on how we can help, contact Sheri Polczynski, Harwood Resident Services Manager, at (414) 256-6825 or Joan Newman, Chaplaincy Administrative Assistant, at (414) 258-6171, x281.



Chapel Volunteers Needed at the Lutheran Home

The Lutheran Home is looking for volunteers to come on a weekly or monthly basis from 9:00 – 11:00 a.m. to help transport residents by wheelchair to and from our Sunday morning chapel service. Giving our residents an opportunity to attend church service fulfills a sense of tradition which is very important to all of us. This volunteer opportunity is a great way to meet residents one-on-one and lift their spirits.

Volunteers are asked to arrive by 9:00 a.m. to begin transporting residents to the chapel, attend service with the residents, and then take residents back to their floor. This service opportunity is great for groups, families, or individuals.

Please contact Michelle Mittelsteadt at (414) 258-6171, ext. 258 for more information.

Free Breakfast Seminars

CEU Credits for Social Workers

Wednesday, November 2, 2011

"Healthcare in a Changing Environment"

Cherry Meier, RN, MSN, LNHA - VITAS Hospice

RSVP by Oct. 26

Tuesday, November 15, 2011

"Posttraumatic Stress Disorder"

Erin Bergland, RN, BSN - VITAS Hospice

RSVP by Nov. 2

Schedule for all seminars:

Check-In 7:30am • Speaker 8:00-9:00am

7500 W. North Ave, Wauwatosa

RSVP Online at www.thelutheranhome.org
or call 414-454-3127

Space is limited. RSVP required.

The Lutheran Home, Inc.
7500 West North Avenue
Wauwatosa, WI 53213-1717

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Lutheran Home & Harwood Place

Going Beyond Care to Caring

Two Wauwatosa Locations, One Organization
7500 W. North Ave. • 8220 Harwood Ave.
www.thelutheranhome.org



New Social Engagement Program

For persons 65 & under with younger onset dementia & their families

The Alzheimer's Association of Southeastern Wisconsin, Froedtert and the Medical College of Wisconsin, Luther Manor and the Lutheran Home and Harwood Place have collaborated to create the first social club for anyone 65 or younger who struggles with mild dementia or memory loss. "There is nothing like this program in our community and the number of younger people being diagnosed with mild dementia is increasing," explained Sue Moser, Froedtert Hospital Memory Disorders Clinic Social Worker. The challenges that younger individuals with dementia face are

tremendous. Many are married, have young children at home and are unable to work. This group allows individuals and their families to connect with each other and decrease their isolation. The group meets monthly at a variety of Wauwatosa locations. For more information call Stephanie Leanes at 414-258-6171 ext. 750.



www.thelutheranhome.org

Going Beyond Care to Caring